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SARAH WIENER IN ITALY VA

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SARAH WIENER IN ITALY

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ARTE GEIE, ZERO ONE FILM
FORMAT

10 x 43', 2008

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Following her Tour de France, Sarah Wiener continues her gastronomic wanderings in Italy, still behind the wheel of her little red Beetle. Sarah carries out ten legs of a journey that is peppered with surprises, through ten regions of "la Bella Italia", gathering gourmet knowledge by smelling, tasting and savouring.

Sarah Wiener carries out a culinary tour of Italy! Her adventures take her to ten regions of the Big Boot, including Umbria, Tuscany, Calabria, Frioul and Venice. Once she reaches her destination, Sarah Wiener has just one objective - to immerse herself in the recipes and their history, by exploring the ingredients and their origins, and by gathering regional tips, such as why the pizza base in Naples has to be so thin - and how to make it so thin. Such as why there couldn't be any tomatoes without Mount Vesuvius, how tomatoes end up in spaghetti and why water buffaloes make the best mozzarella.



LIST OF EPISODES

LIGURIA

VENICE

BASILICATA

CAMPANIA

EMILIA-ROMAGNA

FRIOUL

UMBRIA

SICILY

CALABRIA

TUSCANY

LIGURIA

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Pasta, Pesto and small fish: Sarah's first leg of her Italian tour is in Liguria, where herbs grow in great profusion.

Particularly basil, which is used for "pesto alla Genovese". On her way, Sarah meets a cook who shares her passion for "green cooking", fishermen in search of a good catch and people who make music with shells. Invoking the "Mother of Ravioli", Sarah works miracles in the kitchen.



FRIIOL

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Sweet polenta: Sarah discovers the distinct influence of her native Austria on the cooking of Frioul.

The Austrian influence stems from the fact that the areas are neighbouring. Sarah carries out her first steps behind the bar as a barista, learns how to cut up a goose, and meets a wild-herb picker. Inspiration then comes to our outstanding cook in the form of a sweet polenta dessert.



VENICE

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Avanti prosecco! : Sarah Wiener is off to discover the delicious taste of Venetian country cooking and to admire the magnificent villas of former times.

She meets four brothers with an "effervescent" passion for Prosecco, a wine with a worldwide reputation. She also finds out that "red octopus" can also appeal to the most vegetarian of tastes.



UMBRIA

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Simple pleasures: it's off to the centre of Italy, where Sarah discovers some local specialities and practices the art of cutting up a pig.

Not even her broken-down Beetle, coupled with truffle merchants on strike can get Sarah ruffled. In Umbria she discovers some local specialities and tries her hand at the art of cutting up a pig.



BASILICATA

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Spice in the pasta: although "Christ stopped at Eboli", Sarah prefers to stay in Gallicchio, lost among the Basilicata mountains.

She learns how to make pasta in this isolated region. In the company of her local interpreter Michèle Marotta, she takes great interest in a goat farm, and also in the meat produced there, which is cooked with dried chillies and herbs.



SICILY

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Lemons are delicious: the west coast of Sicily is not too far from North Africa, and local Sicilian dishes are inspired by North African flavours.

Sarah discovers the "sea pig" - the common name for the porpoise - and goes in search of "desert heaven". Lemons are prepared in multiple and delicious variations. But will Sarah conquer Sicilian gourmets when she invites them to taste her "Lemon Island" creation?



CAMPANIA

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An area of anchovies: with its picturesque villages, the Amalfi coast does more than just attract the jet set. It is also classified World Natural Heritage by UNESCO.

But Sarah is more interested in the complex manufacture of "colatura", a famous anchovy sauce. She's also interested in the nice round shape of real buffalo mozzarella and in the virtues of the number one Italian digestive - Limoncello.



CALABRIA

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Aubergines with onions: vegetables rule in Calabria. Sarah learns how to store onions in elegant plaits.

Sarah also meets an ambassadoress of Calabrian cooking, Tiziana Primozich. Vegetables rule in Calabria. Sarah learns how to store onions in elegant plaits. She also discovers how stockfish got its name.



EMILIA-ROMAGNA

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Bella Mortadella!: Sarah drives along the Via Emilia in her little red Beetle and makes enquires about some world-famous specialities.

... Like Balsamic vinegar from Modena and Mortadella from Bologna.



TUSCANY

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Toscanissimo! : the last leg of Sarah's gastronomic journey is Tuscany.

Sarah enjoys a warm Tuscan welcome as she is served Chiana beef (the Tuscan equivalent of Charolais) and white figs from Carmignano. She is also served a white Veraccia wine from San Gimignano. As a farewell gesture, Sarah serves her guests a few dishes that symbolise her personal and culinary interpretation of Tuscany. Ciao Italia! Ciao Sarah!



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